

Monthly Expenses Worksheet



Tracking expenses, both daily and monthly, can really help you see where you are spending and help you make adjustments. This simple worksheet will help you track expenses except for items such as rent or mortgage payments and other loan payments, which are typically a set amount.

Item	Week 1	Week 2	Week 3	Week 4	Total Expenses	Monthly Budget	Over/Under
Auto/Gas/Parking							
Gas/Electric							
Home Phone							
Cell Phone							
Groceries							
Dining Out							
Food at Work							
Food – Misc.							
Clothing/Jewelry							
Personal Care							
Laundry/Dry Cleaning							
Child Care							
Medical/Dental							
Internet Service							
Cable/Satellite							
Entertainment							
Books/Music/Video							
Cigarettes/Alcohol							
Sports/Hobbies							
Church/Charity							
Home/Garden							
Other							
Other							